

PRESCRIBERS




Diet Ordering

Notes and Considerations

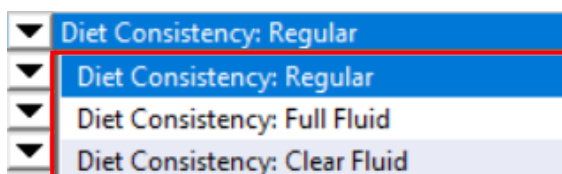
- **All diet restrictions need to be added under ONE primary diet order.**
- When placing an Advance Diet as Tolerated communication order, there needs to be a starting order placed so that a diet is not missed. **It is essential to order your starting order first as outlined below BEFORE ordering any communication orders.**
- If a patient is NPO at midnight, make sure there is still a diet order in place for the time prior to midnight so they don't miss a meal.
- When changing a diet, make sure to discontinue the prior diet.
- Use "Dietary Special Requests" to make additional requests or modifications on the diet.
- Similar to meds, make sure you place and sign the PAO first, and then place the clinical diet orders.

Entering Diet Orders Using a Diet Subphase

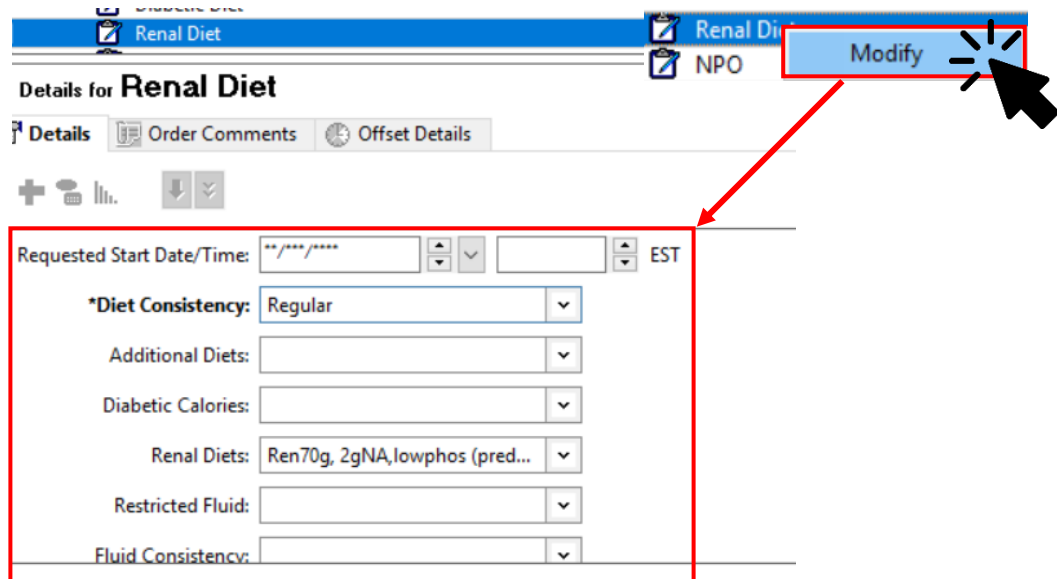
1. Open the Diet Subphase order  **DIET SUBPHASE**
2. Choose **ONE primary diet** order by clicking in the box to the left of the order.

| | Component | Status | Dose ... | Details |
|--|---|--------|----------|---------------------------|
| DIET SUBPHASE (Planned Pending) | | | | |
| 4 | Diet | | | |
| |  Please select ONE starter Diet and adjust as needed based on nutritional needs | | | |
| |  Assess and select for the right consistency | | | |
| |  If further consistencies or additional diet modifications are required, please select and modify the diet | | | |
| <input type="checkbox"/> | <input checked="" type="checkbox"/> Standard Diet | | | Diet Consistency: Regular |
| <input type="checkbox"/> | <input checked="" type="checkbox"/> Cardiac Diet | | | Diet Consistency: Regular |
| <input type="checkbox"/> | <input checked="" type="checkbox"/> Diabetic Diet | | | Diet Consistency: Regular |
| <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> Renal Diet | | | Diet Consistency: Regular |
| <input type="checkbox"/> | <input checked="" type="checkbox"/> NPO | | | No Exceptions |

3. You can modify the Diet Consistency by clicking on the Diet Consistency drop down arrow to the right of the primary diet order. **The default is Regular.**



- If more dietary restrictions are required, right click on top of the primary diet order, then click Modify and more options will appear. **All diet restrictions need to be added under ONE primary diet order.**



Renal Diet

Details for **Renal Diet**

Requested Start Date/Time: **/**/**** EST

*Diet Consistency: Regular

Additional Diets:

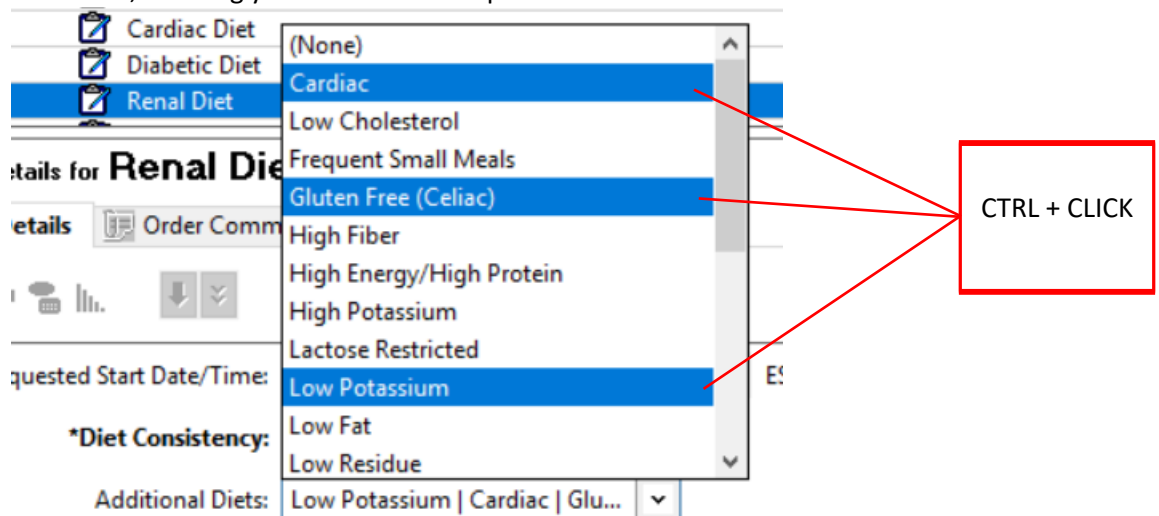
Diabetic Calories:

Renal Diets: Ren70g, 2gNA, lowphos (pred...)

Restricted Fluid:

Fluid Consistency:

- The Additional Diets drop down field is multi-select. Hold down the **CTRL** button on your keyboard + Click on additional diets, allowing you to choose multiple selections.



Cardiac Diet

Diabetic Diet

Renal Diet

Details for **Renal Diet**

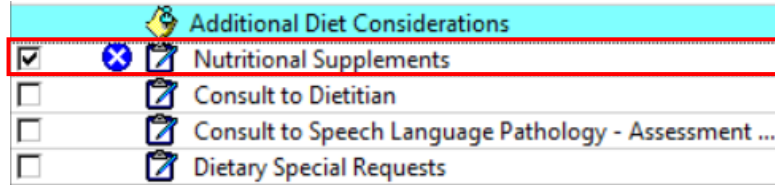
Additional Diets:

- (None)
- Cardiac
- Low Cholesterol
- Frequent Small Meals
- Gluten Free (Celiac)
- High Fiber
- High Energy/High Protein
- High Potassium
- Lactose Restricted
- Low Potassium
- Low Fat
- Low Residue

Additional Diets: Low Potassium | Cardiac | Glu...

- **IMPORTANT: There are orders for additional diet considerations.**

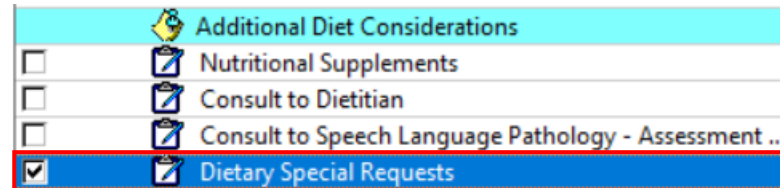
- To order a nutritional supplement choose the Nutritional Supplement order.



Additional Diet Considerations

| | | |
|-------------------------------------|-------------------------------------|---|
| <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | Nutritional Supplements |
| <input type="checkbox"/> | <input checked="" type="checkbox"/> | Consult to Dietitian |
| <input type="checkbox"/> | <input checked="" type="checkbox"/> | Consult to Speech Language Pathology - Assessment ... |
| <input type="checkbox"/> | <input checked="" type="checkbox"/> | Dietary Special Requests |

- To communicate a patient's food intolerances, cultural food preference such a Halal or Kosher, or food preferences, enter the information using the Dietary Special Request order. This is a free text order for communication with the diet office.



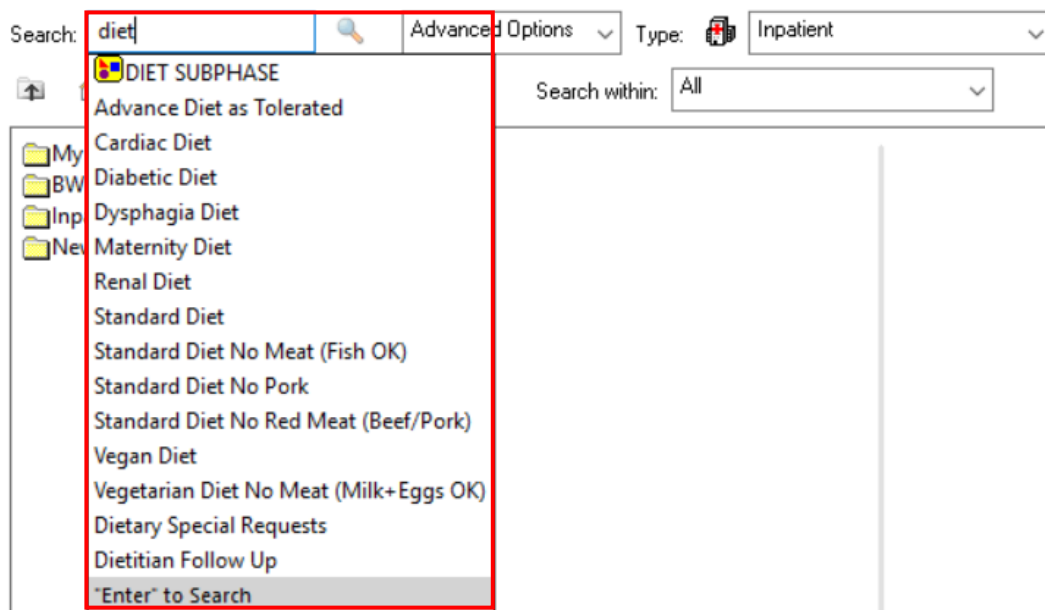
Additional Diet Considerations

| | | |
|-------------------------------------|-------------------------------------|---|
| <input type="checkbox"/> | <input checked="" type="checkbox"/> | Nutritional Supplements |
| <input type="checkbox"/> | <input checked="" type="checkbox"/> | Consult to Dietitian |
| <input type="checkbox"/> | <input checked="" type="checkbox"/> | Consult to Speech Language Pathology - Assessment ... |
| <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | Dietary Special Requests |

6. When the diet order is complete, choose **Initiate Now. Sign and Refresh.**

Entering Diet Orders Using a Single Diet Order

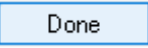
1. In the search bar type in **"Diet"**. Press **Enter** on your keyboard to view all available options.

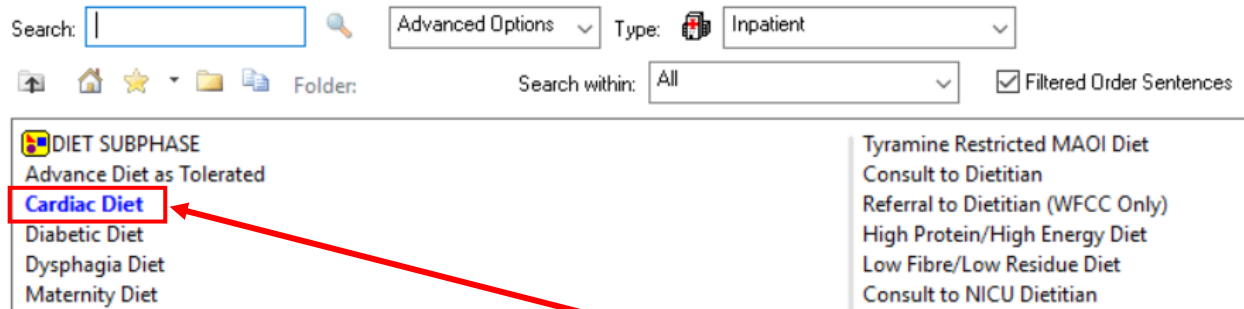



Search: diet Advanced Options Type:

Search within:

- DIET SUBPHASE
- Advance Diet as Tolerated
- Cardiac Diet
- Diabetic Diet
- Dysphagia Diet
- Maternity Diet
- Renal Diet
- Standard Diet
- Standard Diet No Meat (Fish OK)
- Standard Diet No Pork
- Standard Diet No Red Meat (Beef/Pork)
- Vegan Diet
- Vegetarian Diet No Meat (Milk+Eggs OK)
- Dietary Special Requests
- Dietitian Follow Up
- "Enter" to Search

2. Select the appropriate Diet order, then  to close the Add Order window.



Search:  Advanced Options Type:

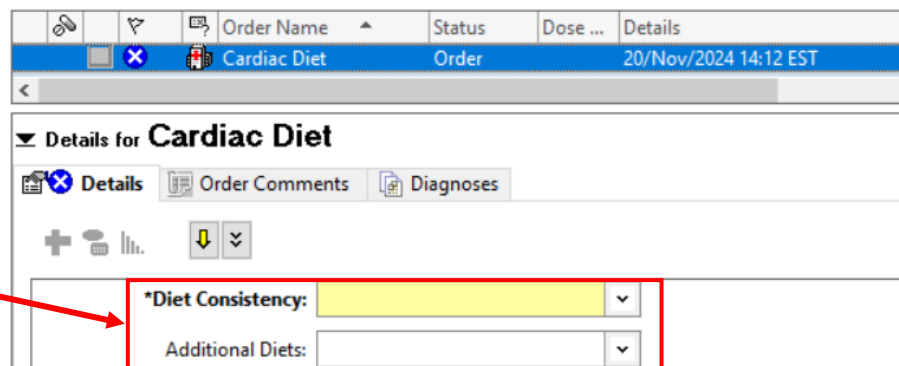
Folder: Search within: Filtered Order Sentences

- DIET SUBPHASE
- Advance Diet as Tolerated
- Cardiac Diet**
- Diabetic Diet
- Dysphagia Diet
- Maternity Diet

- Tyramine Restricted MAOI Diet
- Consult to Dietitian
- Referral to Dietitian (WFCC Only)
- High Protein/High Energy Diet
- Low Fibre/Low Residue Diet
- Consult to NICU Dietitian

- Note: When you select an order, it will turn **blue**. You can select multiple orders and can identify selected orders by the **highlighted blue text**.

3. You can modify the diet details by clicking on the Diet Order to modify the details. **This is where you will add additional diets, document diet consistency, and add any additional details.**



| Order Name | Status | Dose ... | Details |
|--------------|--------|----------|-----------------------|
| Cardiac Diet | Order | | 20/Nov/2024 14:12 EST |

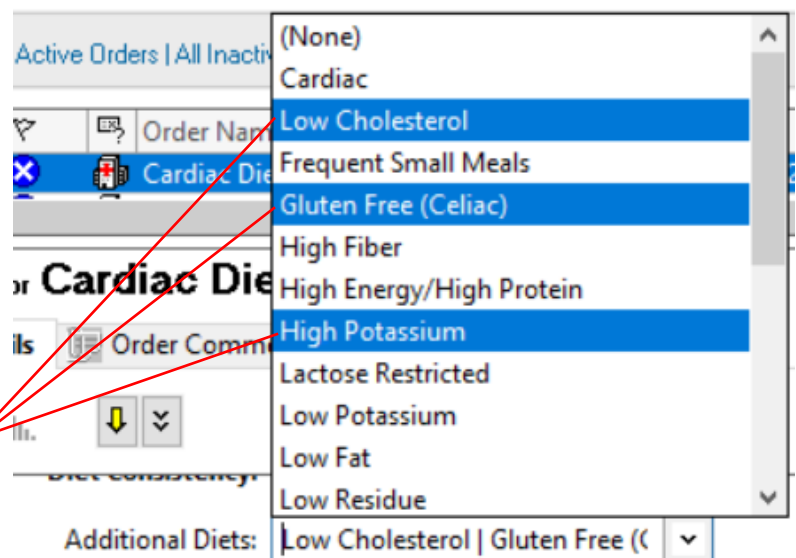
Details for Cardiac Diet

*Diet Consistency:

Additional Diets:

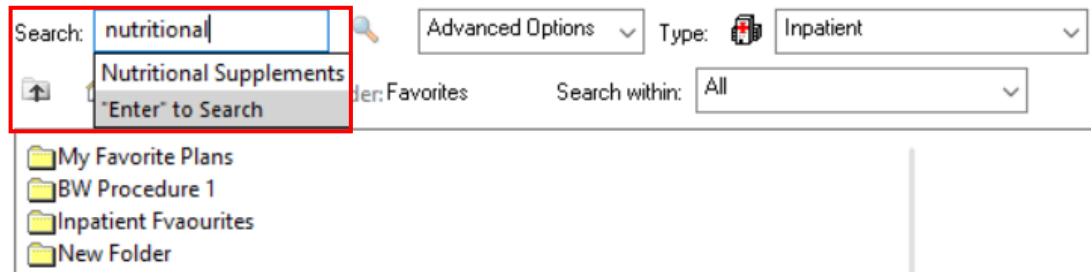
4. The Additional Diets drop down field is multi-select. Hold down the **CTRL** button on your keyboard + Click on additional diets, allowing you to choose multiple selections. **All diet restrictions need to be added under ONE primary diet order.**

CTRL + CLICK



Additional Diets:

- **IMPORTANT: There are orders for additional diet considerations.**
 - Order a nutritional supplement separately when not ordering through Diet Subphase.



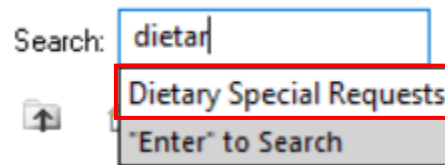
Search: nutritional

Advanced Options Type: Inpatient

Nutritional Supplements
"Enter" to Search

My Favorite Plans
BW Procedure 1
Inpatient Fvaourites
New Folder

- To communicate a patient's food intolerances, cultural food preference such a Halal or Kosher, or food preferences, enter the information using the Dietary Special Request order. This is a free text order for communication with the diet office.



Search: dietar

Dietary Special Requests
"Enter" to Search

5. Sign and Refresh when you have entered details of all your diet orders.