

FOR NURSES & PROVIDERS

For Physicians: How to initiate and continue a restraint order.

For Nursing: How to initiate a restraint order and document ongoing monitoring. Restraint use requires a physicians order. In **emergency situations** nursing may <u>initiate</u> an order for physical restraint which requires a physicians signature retroactively. Nursing **may NOT** <u>continue</u> a restraint order. Always follow and refer to the restraint practice standards and policy of least restraint.

Initiating Restraints

- 1. From the Orders Tab in the blue menu in the chart view, select + Add to place a new order.
- 2. In the search box, enter restraint and select the *Restraint Initiate Behaviour* Power Plan. Click *Done*.



- Ensure that both the *Restraint Initiate* and *Restraint Monitoring Behaviour* orders are selected.
 Click Initiate Now On the bottom right corner of the order window.
- 4. Enter the physician name and communication type in the *Ordering Physician* dialog box. Choose Clinical Intervention as the communication type when initiating restraints in an emergent situation. Click *OK*.

Order				
O Proposal				
Physician name	e			
				Q
*Order Date/Ti	me			
08/Oct/2024	• ~	1414	*	EDT
Communicatio	n type			
Phone with F Verbal with F	Read Bac Read Bac	k (Cosigr k (Cosigr	1) 1)	
Written				
Downtime Ba	ack Entry			
Medical Dire IPAC Isolatio	ctive n Order			

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5. Select the *Restraint Initiate* order under *Patient Care*. Fill in the necessary fields highlighted in yellow. To multi-select, hold the CTRL key while clicking. Click *Orders for Signature*. Click *Sign*.

Details for Rest	Restraint Monitoring Restraint Initiate	Order 202 Order 202	24-Sep-27 11: 24-Sep-27 11:	07 27/Sej 07 27/Sej	o/2024 11:07 o/2024 11:07	EDT, 24 hour(s), EDT, Order valid	Stop date 28 for 24 hours	3/Sep/2024 5. Evaluate	11:06 EDT, D patient and	ocument i re-order R
Details for Rest	Restraint Initiate	Order 202	24-Sep-27 11:	:07 27/Sej	o/2024 11:07	EDT, Order valid	for 24 hour	s. Evaluate	patient and	re-order R
▪ Details for Rest	raint Initiate									
📲 🛇 Details 📗 0	rder Comments									
	W.	offset Details	Diagnoses	5						
+ 2 III. 🔍	*									
*Requested Start	Date/Time: 27/Sep/202	24	1107	EDT	3	*Reason for Res	traint:			~
*Restraint Type (mi	ulti-select):		*			Special Instru	tions: Ord	er valid for	24 hours. Ex	valuate
Restraint	Categories:		~				Con	tinue if ind	icated.	iii.

6. Click on the *Refresh* Icon to process the orders.

c,	5 minutes ago
_	Refresh the Orders

Documenting a Restraint Episode

Minimum mandatory assessment of patients' condition and repeat as required:

i) Hourly assessments:

I) Visual assessment of circulation

II) Visual assessment of respiration at the bedside

ii) Assessment of vital signs are required at minimum every 4 hours for the duration of the emergency restraint.

iii) Reposition patient every two hours (unless patient able to independently do so) with limb release or passive range of motion. Document rationale if unable to reposition patient.

iv) Provide toileting, nutrition, hydration, personal care every two hours and PRN.

v) If safe to do so, mobilize/ambulate patient for at least 15 minutes every 8 hours.

Document rationale if unable to mobilize/ambulate patient

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1. From the *Interactive View and I&O* in the blue menu, click on the box in the first time column next to *Restraint Episode*, found in the list under *MHA Consolidated View* for mental health clinicians

< 🔿 🝷 🏫 Interactive View and I&O		
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WHA Consolidated view	•	Las
Provider Notification		
Transfer of Care	Find Item V Critical High	Low Abnormal Unaut
Equipment		
Mental Status Exam	Result Commen	ts Flag Date
Vital Signs		
Comfort Measures		
O2 Therapy/Titration		
Measurements	×	27/Sep/2024
Restraint Episode	🗮 🛃	15:12
Restraint Evaluation	A Restraint Episode	
Restraint Debriefing	Restraint Reason	Restraint Reason
Pain Assessment	Restraint Alternatives	Physical harm to others
Pain Evaluation	Restraint Episode Activity	Self-injurious behaviour
Pain Sedation Assessment	Restraint Behaviour Description	Unable to deescalate patie
Glucose Capillary Blood Point of Care	Able to educate/debrief at this time	Verbal aggression with pc
Activities of Daily Living	Education/Debrief provided to	Behaviour interfering with
Family and Visitors	Barriers to Learning	Other
Patient Rounding		

For other clinical positions, go to *Interactive View and I&O* in the blue menu. In the grey tool bar, select options then customize view. Select checkbox beside Restraint Episode, Restraint Evaluation and Restraint Debriefing.



Once selecting these sections, they will be visible under Adult Quick View.

2. Place Cursor in the first box under the current time column and select a Restraint Reason.

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- 3. Press *Tab* to continue to the next box. Complete for *Restraint Episode, Debriefing and Evaluation.*
- 4. Click the 🖌 to sign.

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Continuing Restraints – PHYSICIANS ONLY

To be completed following a face-to-face evaluation of the patient. The initial order is only valid for 24 hours therefore a continue order MUST be placed if restraints are still necessary beyond this time period.

Important! If a different type of restraint is required within the 24-hour period of an initial restraint order, a new order is required.

1. Enter *restraint* in the order search enter restraint and select the *Restraint Continue Behaviour* Power Plan. Click *Done*.



- 2. Select the order and click 😵 Initiate Now
- 3. Fill in the necessary fields and click Orders for Signature.

Details for He	aint Continue	
+ %	V V VILLE VI	
*Requested Star	ate/Time: 27/Sep/2024	1
*Reason	Restraint: 📔 👻	
*Restraint Type (ti-select) Danger to Self Danger to Others	
Specia	structions: High Risk Danger to Self High Risk Danger to Others Continue if indicated.	
Restrai	ategories:	~

4. Click Sign. Refresh the page.





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