### ACUTE REHABILITATION – OCCUPATIONAL THERAPY (OT), PHYSIOTHERAPY (PT), SPEECH LANGUAGE PATHOLOGY (SLP), REHAB ASSISTANT (RA), COMMUNICATIVE DISORDERS ASSISTANT (CDA)

This tip sheet is designed to guide the rehab team through the patient's journey, from initial engagement in rehabilitation to the recommendation for inpatient rehab. The focus is on a patient who has experienced an ischemic stroke.

#### 1. Prescriber places the following consult orders:

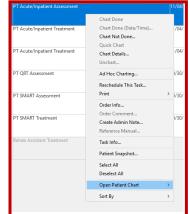
- Occupational Therapy Assessment & Treatment
- Physiotherapy Assessment & Treatment
- Speech Language Pathology Assessment & Treatment

#### 2. Therapists receive tasking on the Multi-Patient Task List and Rehab Organizer

- a. Occupational Therapy tasking OT Acute/Inpatient Assessment
- b. Physiotherapy tasking PT Acute/Inpatient Assessment
- c. Speech Language Pathology SLP Acute/Inpatient Assessment

#### 3. Therapists review the patient's chart in PowerChart

- a. To review the patient's chart:
  - i. From MPTL viewpoint, right-click the task, choose Open Patient Chart, and choose Therapist View (Rehabilitation) MPage.



ii. From Rehab Organizer, click the patient's name hyperlink; this will open the patient's chart to the Therapist View (Rehabilitation) MPage by default.



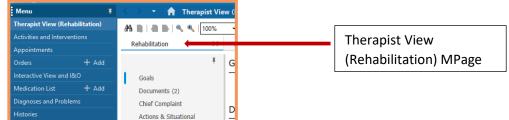
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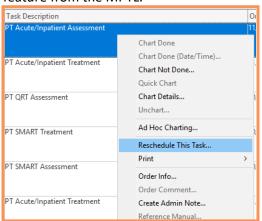
b. Review all patient information first by navigating through the Therapist View (Rehabilitation) MPage.



- c. You can review any items along the blue Table of Contents.
- d. Review Orders by clicking on the *Orders* tab.
- e. Review any treatment flowsheets, nursing notes, labs, diagnostics through *Results Review*.
- f. Review any published documentation through the *Documentation* tab.
- g. Click on *Clinical Connect* to review any out of Region medical documentation.

#### 4. Therapists deem the patient inappropriate for the Initial Assessment

a. If the patient is inappropriate for the Initial Assessment, use the *Reschedule This Task* feature from the MPTL.







b. Create the Rehab Reschedule Reason Note, from the Notes tab on the patient's blue Table of Contents.

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Histories	
Allergies	+ 4
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Form Browser	

Access the Rehab Reschedule Reasons note in the Notes section on the blue Table of Contents menu

# 5. Therapists deem the patient appropriate for Initial Assessment and the patient provides consent

- a. Once the initial assessment is complete, navigate back to the MPTL or Rehab Organizer to retrieve your documentation.
- b. MPTL:
  - i. Locate the task in the task list and double-click to open the Acute/Inpatient Assessment PowerForm.
- c. Rehab Organizer:
  - i. Locate the patient and click within the *Tasks* column. Click the Document tab next to the appropriate PowerForm.
- d. Complete the required field, titled **\*Type of Assessment**. Choose *Initial Assessment* to satisfy this required field.

Type of Assessment			
*Type of Assessment			
O Initial Assessment O Reassessment			
O Discharge Assessment			

 e. Complete any areas within the PowerForm. The Home Environment, Preadmission Status sections have Last Charted Value (LCV) functionality.
 \*Note: If another therapist, from a different discipline completed and signed their assessment PowerForm before you begin your PowerForm, you may notice that some fields are pre-populated with the last recorded values. You can choose to add new data

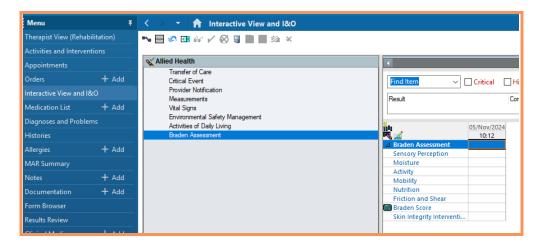


or modify any existing information to ensure it accurately reflects updated or corrected details.

- f. **PTs and OTs** complete any flowsheets within the Review/Treatments section of your PowerForm, as well as the PT Instructions and OT Instructions sections for Rehab Assistant information.
- g. **SLPs** complete any Short-Term Goals in your PowerForm to help guide future treatment for CDAs.
- h. Complete the required **\*Plan** section of the Acute/Inpatient Assessment PowerForm, and select **Yes** for ongoing therapy treatment/services. This will place the therapy follow-up order and Treatment PowerForm tasking will occur in the MPTL and Rehab Organizer.
- i. Once you've completed all areas in the PowerForm, SIGN it.
- j. Ensure your initial assessment PowerForm is published by navigating to the blue Table of Contents on the patient's chart, and clicking on Documentation.
   \*Note: If the patient did not consent to the Initial Assessment, complete Step 4.

#### 6. Patient requires a specialty bed surface – Occupational Therapist

a. Complete the Braden Assessment as needed – navigate to the Interactive View and I&O from the blue Table of Contents of the patient's chart. Complete the Braden Assessment.





- b. To propose a specialty bed surface, navigate to the **Orders** tab on the blue Table of Contents in the patient's chart.
  - i. Click the +Add icon. + Add
  - ii. Search Rental Surface in the Orders Search window and click Done.

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Per Policy
Initiate Plan Downtime Back Entry Medical Directive IPAC Isolation Order
OK Cancel

Complete the Proposal details, including clicking **Proposal**; fill in the *Physician Name*, *Order Date/Time*, and *Communication Type*. Click **OK** when done.

Complete the order details to include the type of Specialty Bed surface recommendation.

\*Note: The Prescriber will receive notification in their Message Center to review the Proposed Order. Once signed, the Rental Surface (Specialty Bed) is considered **Ordered**.



- 7. Patient requires a Video Fluoroscopic Swallowing Assessment (VFSA) Speech Language Pathologist
  - a. To propose a VFSA, navigate to the Orders tab on the blue Table of Contents in the patient's chart.
    - i. Click the +Add icon. + Add
    - ii. Search FL Video Fluoroscopic Swallowing Study

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Proposal
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Written
Interprofessional Consult Per Policy
Initiate Plan Downtime Back Entry Medical Directive IPAC Isolation Order
OK Cancel

Complete the Proposal details, including clicking Proposal; fill in the Physician Name, Order Date/Time, and Communication Type. Click OK when done.

\*Note: The Prescriber will receive notification in their Message

Center to review the Proposed Order. Once signed, the VFSA is considered Ordered. The VFSA is booked in DI, with the SLP schedule. SLP can review all scheduled appointments in the Rehab Organizer, Rehab Schedule View MPage. SLPs have access to and can place **diet orders and specialty diet requests**, as well as **propose NPO** if the patient requires it.



#### 8. Alpha FIM Documentation

- a. Designate one therapist from the care team to complete the Alpha FIM PowerForm.
- b. Complete all calculations from the UDSMR Website prior to starting the Alpha FIM PowerForm.
- c. From the patient's chart, click on the AdHoc tab on the Action Toolbar.



d. Choose the Alpha FIM PowerForm and click Chart.

Ad Hoc Charting - ADTTEST, CLINIC	CAL VISIT
<ul> <li>Inpatient Therapy</li> <li>Outpatient Therapy</li> <li>MHA Assessment Tools</li> <li>MHA OT Documentation</li> <li>All Items</li> </ul>	<ul> <li>DT Acute/Inpatient Assessment</li> <li>DT Acute/Inpatient Treatment</li> <li>OT Discharge Summary</li> <li>OT SMART Assessment</li> <li>OT SMART Treatment</li> <li>OT QRT Assessment</li> <li>OT QRT Assessment</li> <li>Admission Barthel Index of Activities of Daily Living</li> <li>Admission Barthel Index of Activities of Daily Living</li> <li>Wheelchair and Mobility Clinic Assessment</li> <li>Mini-Cog Test</li> <li>MoCA - Montreal Cogntive Assessment</li> <li>Interdisciplinary Team Conference</li> <li>ASIA Scale</li> <li>OT NICU Assessment &amp; Treatment</li> </ul>

- e. Complete the Alpha FIM PowerForm by choosing the appropriate responses and inserting the calculations generated from the UDSMR Website.
- f. SIGN the PowerForm.
- g. Ensure the Alpha FIM is published on the patient's chart by navigating to the Documentation tab on the blue Table of Contents

#### 9. Communicate with Rehab Assistant and CDA for ongoing treatment plan

- a. Ongoing communication between PT and Rehab Assistant, OT and Rehab Assistant, and SLP and Communicative Disorders Assistant is essential for coordinating the patient's care.
- b. The OT and the PT should create treatment flowsheets in their respective PowerForms and provide clear instructions for which treatment flowsheets the Rehab Assistant should access, and any safety parameters or special considerations in the PT Instructions.
- c. and OT Instructions areas in the flowsheet section. This information will appear in the Rehab Assistant's Treatment PowerForm.
- d. SLP should outline Short-Term Goals in the Short-Term Goals section of their PowerForm to help guide ongoing treatments for the CDA.



- 10. Rehab Assistant (RA) and Communicative Disorders Assistant (CDA) Treatment and Documentation
  - a. Rehab Assistants will AdHoc their Rehab Assistant Treatment PowerForms.
    - i. The Rehab Assistant Review/Treatments section will have all treatment flowsheets and OT and PT Instructions. The RA will complete all flowsheet documentation within this section.
    - ii. The Rehab Assistant will write any notes in the Rehab Assistant Notes section of the PowerForm.
    - iii. If the RA provides equipment to the patient at the request of the therapist, the RA can write this information in the Rehab Assistant Notes section of their PowerForm.
  - b. Communicative Disorders Assistant will AdHoc their Treatment PowerForms.
    - i. The CDA should review the STGs section of their PowerForm to help guide treatment.

#### 11. Continue to treat patient and provide treatment updates within the treatment documentation

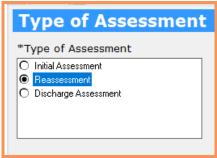
#### 12. Patient becomes medically stable

a. Therapists reassess the patient to determine the patient's discharge plan and discharge destination.

#### **13.** Patient Destination Scenarios

#### Scenario 1 – Patient Requires Ongoing Inpatient Rehab for Stroke (Rehab High at Hotel Dieu Shaver)

a. Therapists should AdHoc their respective Assessment PowerForm and qualify it as a Reassessment.



b. Therapists to complete all necessary documentation within their respective Reassessment PowerForms, but MUST complete the Discharge SMART Goals section to justify ongoing inpatient rehab.



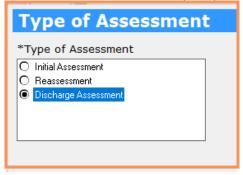
### **Discharge SMART Goals**

Occupational Therapy – OT Discharge SMART Goals section Physiotherapy – PT Discharge SMART Goals section Speech Language Pathology – SLP Discharge SMART Goals

- c. Therapists will communicate their recommendation to the prescriber and interdisciplinary team.
- d. Prescriber will place the Consult to Inpatient Rehab High (HDS) Order.
- e. Therapists, Rehab Assistants and Communicative Disorders Assistants will continue with patient care until an inpatient bed becomes available at Hotel Dieu Shaver, or if the patient becomes appropriate for discharge home (whichever occurs first).
- f. Once a bed offer is made, the Prescriber will write a Discharge Order for patient to transfer to HDS.
- g. All therapy Follow Up Orders will cancel/discontinue automatically upon patient discharge.

# Scenario 2 – Patient Appropriate to Return Home, to Retirement Home, etc., but Would Benefit from the HDS Outpatient Stroke Rehab Program

a. Therapists can AdHoc their respective Discharge Summary or AdHoc their respective Assessment PowerForm and qualify it as a Discharge Assessment.



b. Therapists to complete all necessary documentation within their respective Discharge Summary or Discharge Assessment PowerForms. It is recommended that therapists complete the Discharge SMART Goals section to assist Outpatient Therapy Staff.

### **Discharge SMART Goals**

Occupational Therapy – OT Discharge SMART Goals section Physiotherapy – PT Discharge SMART Goals section Speech Language Pathology – SLP Discharge SMART Goals

c. If the patient no longer requires therapy in hospital, therapists may Cancel/Discontinue their Follow Up orders to eliminate any unnecessary documentation tasking.



- d. Therapists to communicate with Case Managers of their recommendation for the HDS Outpatient Stroke Rehab Program.
- e. Case Managers will complete the HDS Outpatient Referral PowerForm.
- f. All therapy Follow Up Orders will cancel/discontinue automatically upon patient discharge.

#### Scenario 3 – Patient Appropriate to Return Home, to Retirement Home, with Home Care Supports

a. Therapists can AdHoc their respective Discharge Summary or AdHoc their respective Assessment PowerForm and qualify it as a Discharge Assessment.

Type of Assessment		
*Type of Assessment O Initial Assessment O Reassessment		
Discharge Assessment		

b. Therapists to complete all necessary documentation within their respective Discharge Summary or Discharge Assessment PowerForms. It is recommended that therapists complete the Discharge SMART Goals section to assist Home Care Coordinators with prioritizing home care services in the Community.

### **Discharge SMART Goals**

Occupational Therapy – OT Discharge SMART Goals section Physiotherapy – PT Discharge SMART Goals section Speech Language Pathology – SLP Discharge SMART Goals

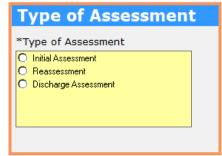
- c. If the patient no longer requires therapy in hospital, therapists may Cancel/Discontinue their Follow Up orders to eliminate any unnecessary documentation tasking.
- d. Therapists may place an order to Ontario Health at Home (Home and Community Care Support Services), and complete relevant order details alternatively, therapists can communicate with the Case Manager to place this order.
- e. All therapy Follow Up Orders will cancel/discontinue automatically upon patient discharge.

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#### Scenario 4 – Patient Requires Alternate Level of Care

a. Therapists should AdHoc their respective Discharge Summary or AdHoc their respective Assessment PowerForm and qualify it as a Reassessment or Discharge Assessment.



- b. Therapists should communicate with the interdisciplinary team regarding any recommendations for alternate living destinations.
- c. Therapists should modify or cancel/discontinue Follow Up Orders as needed to address treatment documentation tasking.

