niagarahealth

## FAMILY PARTIES PARTIES



Your baby is busy growing and getting stronger. Your baby's body is not strong enough to fight germs yet.

We ask that you and any visitors stay home if you have:

- Cough, cold, or runny nose
- Diarrhea (loose or watery bowel movements)
- Vomiting (throwing up)
- A sore throat
- Conjunctivitis (pink eye)
- Fever
- A rash or itchy skin or infection on the skin or hands
- Recent exposure to someone with chicken pox, measles or the flu

You and any visitors must wash your hands very well when you come in to the NICU, before you touch your baby, and after you eat, blow your nose, or use the bathroom.

## **PARENTS & GUARDIANS**

You are the most important part of your baby's care team. You are your baby's voice and biggest source of love and comfort. You can be at your baby's bedside at any time. Most of our rooms have a single bed, where you can stay overnight.

## **VISITORS**

Friends and family may want to visit you and your baby. They may visit only with the baby's parent or guardian.

## **CHILDREN**

Children must be supervised by an adult. While children are in the NICU, they must stay in your baby's room. Children may have questions about your baby and the equipment. If you would like help supporting your child, you can ask to talk to your nurse or our Child Life Specialist.